



<https://www.salemstate.edu/>

Student Transition and Engagement Program (STEP)

The Student Transition and Engagement Program (STEP) at Salem State University helps first-year students, especially Pell Grant recipients and first-generation students, adjust to college life and succeed. It provides:

- Academic coaching: Students meet with a coach every other week to discuss college success strategies.
- Peer mentoring: Students connect with a peer mentor for individual and group support, both academic and social.

This holistic approach aims to ensure students:

- Successfully transition to college: Adjust to the academic and social demands of university life.
- Thrive personally and academically: Develop both academically and personally.
- Make progress towards their goals: Achieve their academic and career aspirations.

To start, you would go to the link of the website of the program:

<https://www.salemstate.edu/academics/centers/center-academic-excellence/student-transition-and-engagement-program-step>

- Read through the page regarding the program. Use the dropdown menu “In this section” to navigate through different sections.

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Student Transition and Engagement Program (STEP)

In This Section 

The Student Transition and Engagement Program (STEP) is a first year mentoring and coaching program that serves up to 75 incoming first-year students at Salem State University, with a particular focus on students who are Pell Grant-eligible and first-generation college students. Through STEP, students are paired with an academic coach and a peer mentor. The academic coach meets with students every other week to review college success topics. The peer mentor connects with students consistently throughout the semester both individually and as a group for educational and social purposes. Students participating in STEP will successfully transition into college, thrive both personally and academically, and make progress towards their academic and career goals.

Academic Coaching

> MEET THE COACHES

Some of the topics and themes discussed during the individualized coaching sessions include:

- Know your Goals, Know Yourself
- College ≠ High School
- Time Management 101 and 201
- Spring and Fall Registration, Priority #1!
- Study Habits, Peaks and Pits
- Wellness = College Success
- Campus Engagement Inventory

- To qualify for the program
 - a. You must be a **first-time freshmen student** at Salem State.
 - b. You must also **qualify for a Pell Grant**. If you are unsure of whether or not you qualify for a Pell Grant, check your FAFSA results or contact the financial aid office via email at finaid@salemstate.edu or via phone at **978.542.8000**.
- Scroll to the bottom of the page, and click on ‘Apply now’ to start the application process:

Courtney Lillie '17, Business Administration, '19 G

“Through STEP I had the opportunity to attend and present at the First Generation College Student Summit in Amherst with two other STEP peer mentors and it was an eye-opening experience. I learned a lot from many of the other first-generation students there who didn't have the same support that other college students may have. It was great to see how other first-generation students from various schools successfully integrated academically and socially.”

Alexandria Kluge '15, environmental biology, chemistry minor

Click to start the application

> TAKE A CLASS > APPLY NOW > REQUEST INFO > VISIT US

Salem STATE UNIVERSITY
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Salem, MA 01970

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CAMPUS MAP AND DIRECTIONS
A-Z DIRECTORY
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- You can apply to Salem State University through Common App, an online college application platform, or use the Salem State online application platform



First-Year Applicants

- Find us on the Common App, or

- Complete the Salem State online application

Congratulations!

You have successfully completed your application for Salem State University's STEP program!