



<https://988lifeline.org/>

NAVIGATING THE SUICIDE & CRISIS LIFELINE

Description:

If you or anyone you know is at risks of suicide or if you'd like to contribute to helping lifelines across the United States then this website is crucial to understand.

Instructions:

- Click on the linked website in this slide deck
 - You will be brought to a home screen, a lot of the general resources can be found for specific communities if you scroll down to this point below



[GET HELP](#) [LEARN](#) [GET INVOLVED](#) [PROVIDERS & PROFESSIONALS](#)

988 [CHAT](#)

[En Español](#) | [For Deaf & Hard of Hearing](#)



Anyone could be struggling with suicide. Find more specific resources below.

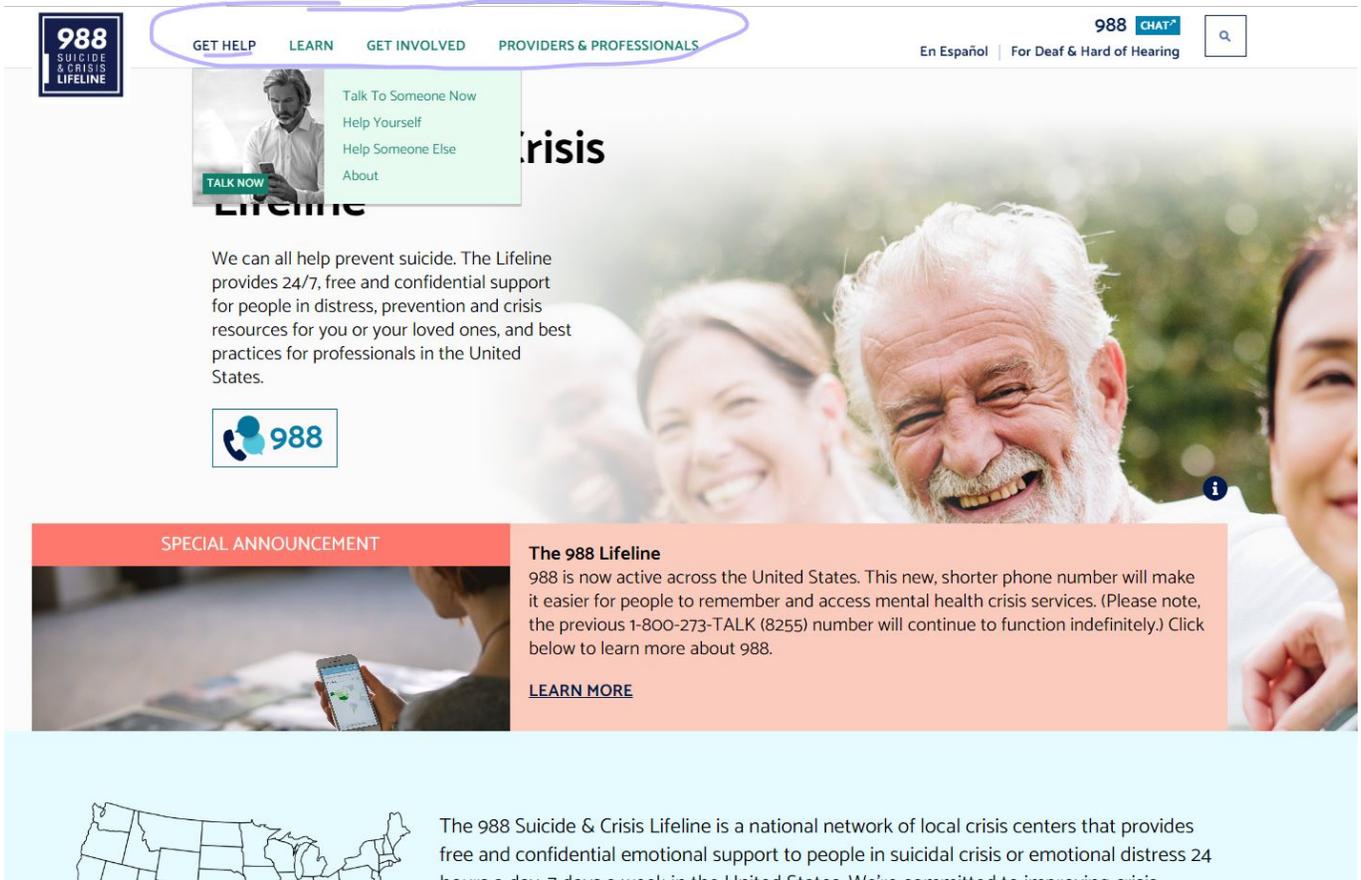
A CURRENT EVENT: The Lifeline and 988	A CURRENT EVENT: Coping During Community Unrest	A CURRENT EVENT: Emotional Wellbeing During COVID-19	Individuals with Neurodivergence
Black Mental Health	Maternal Mental Health	Youth	Disaster Survivors
Native Americans and Alaskan Natives	Veterans	Loss Survivors	LGBTQ+
Attempt Survivors	Deaf, Hard of Hearing, Hearing Loss	Ayuda En Español	



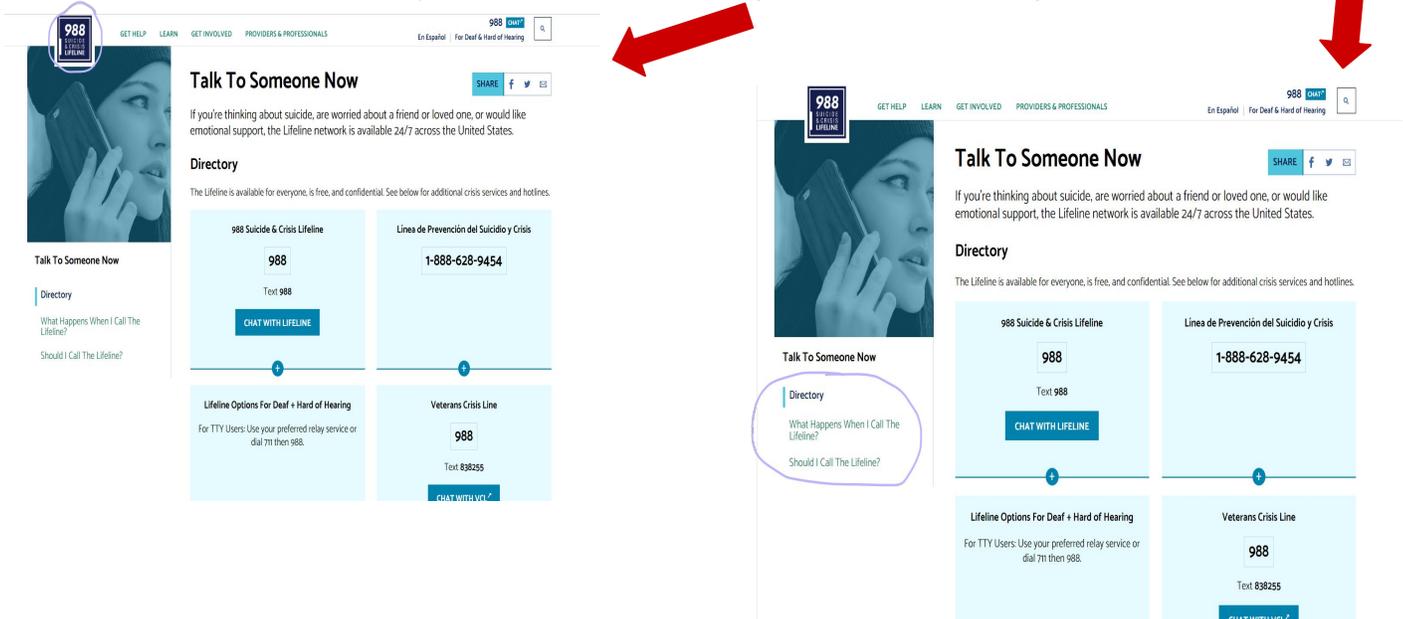
We understand that every struggle is different. Experience the stories of people like you, and how they overcame crisis to find hope and recovery.

[READ STORIES OF HOPE & RECOVERY](#)

- There are also various tabs at the top of the page that can show different resources, hover over one of the main tabs, then you can click on one of the subcategories



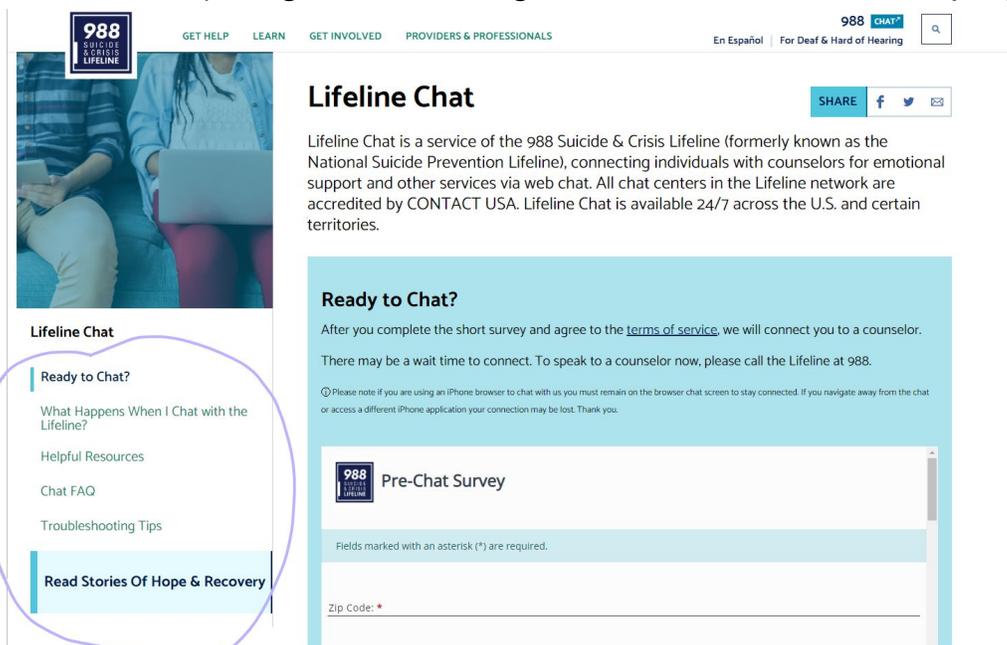
- After you click one of the sources in the drop down menu, the different parts of the source will be on the side so you can skip to different sections as needed
- To return to home at any time click on the logo in the upper right hand corner



- Lastly, there's more resources in the top right corner of the page with options for deaf or hard of hearing people, and spanish speakers. There's also options for a search bar in case you're having trouble looking for specific resources.



- There's also a "chat" function which wires you to a crisis counselor after a short survey, there's more resources as well under the chat section which can be accessed through the guide on the side. (can get here through the chat button in the top right corner)



Congratulations! That's how to navigate through the 988 Suicide and Crisis Lifeline!